

# 25. Volkslauf mit Walking

TuS Altwarmbüchen Leichtathletikabteilung  
Ergebnisliste

10.10.2026

Seite 1

## 10.800 m Lauf Gesamtwertung

| Platz | Pl.<br>mä. | Pl.<br>wei. | Stnr. | Name, Vorname             | AK     | Platz<br>AKI. | Verein                      | Leistung  |
|-------|------------|-------------|-------|---------------------------|--------|---------------|-----------------------------|-----------|
| 1.    | 1          |             | 352   | Last, Sebastian           | M 35   | 1             | LG Neustadt Nord            | 38:30 min |
| 2.    | 2          |             | 361   | Kögler, Frithjof          | M 35   | 2             | SV Butteramt                | 41:34 min |
| 3.    | 3          |             | 305   | Polatschek, Johannes      | Männer | 1             | PB58                        | 43:00 min |
| 4.    | 4          |             | 358   | Kramer, Andreas           | M 55   | 1             | TSV Barsinghausen           | 43:59 min |
| 5.    |            | 1           | 346   | Berg, Pauline             | W 30   | 1             | Hannover 96                 | 44:04 min |
| 6.    | 5          |             | 411   | Lewetzki, Phillip         | M 35   | 3             | SG Limmer                   | 45:56 min |
| 7.    | 6          |             | 337   | Orth, Jan                 | M 35   | 4             | FK Erlengrund               | 46:55 min |
| 8.    |            | 2           | 332   | Schneikart, Anja          | W 40   | 1             | TSV Tempelhof Mariendorf    | 47:34 min |
| 9.    | 7          |             | 331   | Reinold, Mirko            | M 40   | 1             | Hannover                    | 47:34 min |
| 10.   | 8          |             | 321   | Wessels, Fabian           | M 30   | 1             | Hannover                    | 48:10 min |
| 11.   | 9          |             | 347   | Splett, Tristan           | M 60   | 1             | LAC Langenhagen             | 49:31 min |
| 12.   | 10         |             | 300   | Brandt, Jannes            | MJ U18 | 1             | Hameln                      | 49:33 min |
| 13.   | 11         |             | 353   | Boettcher, Daniel         | M 45   | 1             | Hannover                    | 49:41 min |
| 14.   | 12         |             | 345   | Heinrich, Uwe             | M 65   | 1             | Hannover                    | 51:04 min |
| 15.   | 13         |             | 344   | Gütermann, Frank          | M 65   | 2             | LAC Langenhagen             | 51:04 min |
| 16.   |            | 3           | 350   | de Lippe, Josephine       | Frauen | 1             | WSV Altwarmbüchen           | 51:23 min |
| 17.   |            | 4           | 323   | Henze, Hannah Lea         | Frauen | 2             | WSV Altwarmbüchen           | 51:24 min |
| 18.   | 14         |             | 329   | Helde, Sebastian          | M 40   | 2             | Team beVegt.de              | 51:38 min |
| 19.   | 15         |             | 339   | Hagemann, Malte           | Männer | 2             | FK Erlengrund               | 51:44 min |
| 20.   | 16         |             | 354   | Helbig, Jan-Frederic      | M 40   | 3             | Social Media Tema           | 51:47 min |
| 21.   |            | 5           | 335   | Lyda, Hannelore           | W 65   | 1             | JUST RUN CREW               | 51:47 min |
| 22.   | 17         |             | 334   | Pepping, Johannes         | M 45   | 2             | Hannover                    | 51:49 min |
| 23.   | 18         |             | 406   | Kemper, Daniel            | M 45   | 3             | TSV Barsinghausen Triathlon | 51:54 min |
| 24.   |            | 6           | 362   | Marienberg, Anette        | W 55   | 1             | Hannover                    | 52:04 min |
| 25.   | 19         |             | 318   | Schulze, Steffen          | M 40   | 4             | Bündnis 02 Wernigerode e.V. | 52:13 min |
| 26.   |            | 7           | 330   | Klippel-Westphal, Kerstin | W 55   | 2             | Burgwedel                   | 52:27 min |
| 27.   | 20         |             | 327   | Dösinger, Christian       | M 40   | 5             | Hannover 96 Triathlon       | 53:04 min |
| 28.   |            | 8           | 302   | Seeliger, Bianca          | W 35   | 1             | TuS Altwarmbüchen           | 53:27 min |
| 29.   | 21         |             | 322   | Rietschel, Bernd          | M 65   | 3             | Langenhagen                 | 53:35 min |
| 30.   |            | 9           | 360   | Kögler, Katharina         | W 35   | 2             | SV Butteramt                | 53:41 min |
| 31.   | 22         |             | 301   | Seeliger, Daniel          | M 40   | 6             | Altwarmbüchen               | 54:25 min |
| 32.   | 23         |             | 338   | Neb, Arthur               | M 40   | 7             | FK Erlengrund               | 55:20 min |
| 33.   | 24         |             | 336   | Wiesner, Markus           | M 45   | 4             | FK Erlengrund               | 55:25 min |
| 34.   | 25         |             | 343   | Kuhlmann, Volker          | M 50   | 1             | Erdinger Active Team        | 55:30 min |
| 35.   | 26         |             | 341   | Bührmann, Dieter          | M 55   | 2             | Braunschweig                | 55:41 min |
| 36.   |            | 10          | 313   | Böhnke, Joana             | W 40   | 2             | Die Lauf-Eule               | 55:43 min |
| 37.   | 27         |             | 307   | Deparade, Gerd            | M 70   | 1             | Dassel                      | 57:15 min |
| 38.   | 28         |             | 333   | Hartkopf, Ingo            | M 60   | 2             | Burgdorf                    | 57:37 min |
| 39.   |            | 11          | 303   | Rados, Janet              | W 50   | 1             | Abbott                      | 57:46 min |
| 40.   | 29         |             | 348   | Rasche, Peter             | M 70   | 2             | VHV Versicherung            | 58:36 min |
| 41.   |            | 12          | 325   | Hubert, Ina               | W 40   | 3             | Altwarmbüchen               | 58:49 min |
| 42.   | 30         |             | 310   | Heidenreich, Thomas       | M 45   | 5             | Isernhagen                  | 1:01:02 h |
| 43.   |            | 13          | 306   | Vaupel, Louisa            | Frauen | 3             | PB58                        | 1:02:41 h |
| 44.   | 31         |             | 326   | Corbach, Thomas           | M 40   | 8             | Altwarmbüchen               | 1:03:02 h |
| 45.   |            | 14          | 340   | Schelling, Andrea         | W 45   | 1             | FK Erlengrund               | 1:05:14 h |
| 46.   | 32         |             | 410   | Bartling, Elias           | Männer | 3             |                             | 1:05:41 h |
| 47.   | 33         |             | 359   | Weigang, Stefan           | M 65   | 4             | SG Letter 05                | 1:06:02 h |
| 48.   |            | 15          | 316   | Ivanovic, Diana           | W 40   | 4             | Trio infernale              | 1:06:37 h |
| 49.   |            | 16          | 315   | Schulz, Juliane           | W 40   | 5             | Trio infernale              | 1:06:38 h |
| 50.   | 34         |             | 314   | Cappelmann, Tim           | M 50   | 2             | Trio infernale              | 1:06:38 h |
| 51.   |            | 17          | 319   | Kluge, Maria-Luise        | W 80   | 1             | Hannover Runners e.V.       | 1:07:02 h |
| 52.   | 35         |             | 309   | Bartling, Klemens         | M 65   | 5             | Hameln                      | 1:07:06 h |
| 53.   |            | 18          | 342   | Zummach, Michelle         | W 30   | 2             | Munster                     | 1:09:15 h |
| 54.   |            | 19          | 349   | Suchy, Marion             | W 55   | 3             | VFL Westercelle             | 1:10:31 h |
| 55.   |            | 20          | 355   | Paul, Kati                | W 40   | 6             | Burgdorf                    | 1:15:40 h |

55 Finisher